



## PROGRAM SCHEDULE 2023-2024

Sport	Dates	Time	Location	Contact
FUNDAMENTALS	Fridays Sept. 29 January – Mid March	3:30-4:30	TM Roberts School Gym	Mary Lous Roach 250-919-0767 <a href="mailto:Roach.ml62@gmail.com">Roach.ml62@gmail.com</a>
ALPINE SKIING	First Thurs in January to end March – pending conditions  Sundays dependent on hill opening date until hill closes	Thursday & Sundays  6-8 pm (meet at the mall at 5pm)  9 am – 2 pm	KIMB. ALPINE RESORT	Misty Pagliaro, Coach 250-908-0513 <a href="mailto:mistypagliaro@gmail.com">mistypagliaro@gmail.com</a>  Asst: Joanne Thom, Larry Tuck, Bruce McKenzie Joanne Thom, contact  250-417-9781
CURLING	TBD – pending ice time	TBD	CRANBROOK CURLING RINK	Haylie Farquhar <a href="mailto:Haylie_farquhar@sfu.ca">Haylie_farquhar@sfu.ca</a>
BOWLING	Fridays Oct. 6  Sundays Oct. 8  To April	1-3  12-2	Encoure Bowling Alley	Carolyn McLean 250-919-4667 <a href="mailto:misscarolyn@live.com">misscarolyn@live.com</a>
TRACK & FIELD (athletics)	TBD  April -June  pending weather/coach		College track or school gym depending on weather	
BASKETBALL	Wednesday Oct. 11  NOV 1 moving to 6-7  To March 2024	5-6	Steeple School Gym	Shaun Penner 250-421-7474 <a href="mailto:Shaun.penner44@gmail.com">Shaun.penner44@gmail.com</a>
CRANBROOK SWIMMING	Saturdays  October to May	9-10	WESTERN FINANCIAL PLACE	Penny Coyle, Coach 250-420-7751 <a href="mailto:penny@apexaccountingcpa.com">penny@apexaccountingcpa.com</a>

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KIMBERLEY SWIMMING	Wednesdays Oct. 18 October - May	4:00-5:00	KIMBERLEY AQUATIC CENTRE	Catherine & Bruce Mackenzie 250-421-9521
FIT CLUB	Thursday Sept 28 NOV 1 moving to 5-6 To March 2023	6:30-7:30 pm	Steeple School Gym	Haylie Farquhar 250-432-5053 <a href="mailto:Haylie_farquhar@sfu.ca">Haylie_farquhar@sfu.ca</a>
BOCCE	Starting May - August Tuesdays	3:30-4:30 pm	BAKER PARK	Carolyn McLean 250-919-4667  Asst: Stu Stevenson
GOLF	Tuesdays May – September	6:00-7:30 pm	MISSION HILLS	Misty Pagliaro, Coach <a href="mailto:mistypagliaro@gmail.com">mistypagliaro@gmail.com</a>  250-908-0513
X-COUNTRY SKIING	Saturdays  Fall dry land - pole walking  Winter on snow – Carpool at 9 am at WFP or meet at Kimberley Nordic Club at 10  Jan. 6-March	9:30-10:30  10:30-11:30  Wednesdays 6- 7:30	Dry land training/pole walking  Kimberley Nordic Club (10:00-11:30)  Kimberley Nordic Club	Kevin Phillips 250-320-8132 cell or 778-517-5129  <a href="mailto:goyko@shaw.ca">goyko@shaw.ca</a>
FAMILY FIT	July & August	TBD	Outdoor gym – WFP	Zoe Damant

Please note – for ongoing programs that use school gyms, we have to request the location at each school break – December, March, etc., so location might change depending on gym availability. Please check with coaches on this.

**ZOE DAMANT**, Local coordinator - (250) 581-0120 or email [Cranbrook@specialolympics.bc.ca](mailto:Cranbrook@specialolympics.bc.ca)

**IVY-LYNNE STEIN**, registration coordinator email [ilbaking66@gmail.com](mailto:ilbaking66@gmail.com)

