

# Facility Information

**Mount Pleasant Community Centre**  
1 Kingsway

**Cypress Mountain**  
6000 Cypress Bowl Road

**Kitsilano Community Centre**  
2690 Larch St.

**McBride Elementary**  
1300 E. 29th Ave.

**Sexsmith Elementary**  
7410 Columbia St.

**Mackenzie Elementary**  
960 E 39th Ave.

**Grandview Skating Club**  
3350 Victoria Drive

**Grandview Lanes**  
2195 Commercial Drive

**Revs Bowling Centre**  
5502 Lougheed Highway

**Groundwork Athletics**  
736 Granville St.

**Shaughnessey Heights Church**  
1550 W 33rd Ave.

**Velocity Speed Skating Club**  
2690 Larch St.

**Britannia Community Centre**  
1661 Napier St.

**Marpole Curling Club**  
8730 Heather St.

# About Us

Special Olympics BC is dedicated to providing individuals with intellectual disabilities opportunities to enrich their lives and celebrate personal achievement through positive sport experiences.

SOBC – Vancouver has over 200 athletes from ages two to 75. Athletes train and compete at the regional level and have the opportunity to qualify and participate in Provincial, National and World games.

## Athlete Eligibility

SOBC – Vancouver programs are open to individuals with intellectual disabilities and designed to increase fitness levels, develop individual and team skills, and promote sportsmanship and fair play. Please note for safety reasons, some programs require experience and/or an athlete assessment.

# Contact Us

## Local Coordinator

vancouver@specialolympics.bc.ca

## Program Coordinator

programs@sobcvancouver.org

## Volunteer Coordinator

volunteers@sobcvancouver.org

## Fundraising

fundraising@sobcvancouver.org

## Public Relations

pr@sobcvancouver.org

## Athlete Representative and Mentor

athletes@sobcvancouver.org

## Parent Representatives

parents@sobcvancouver.org

Website: [www.sobcvancouver.org](http://www.sobcvancouver.org)

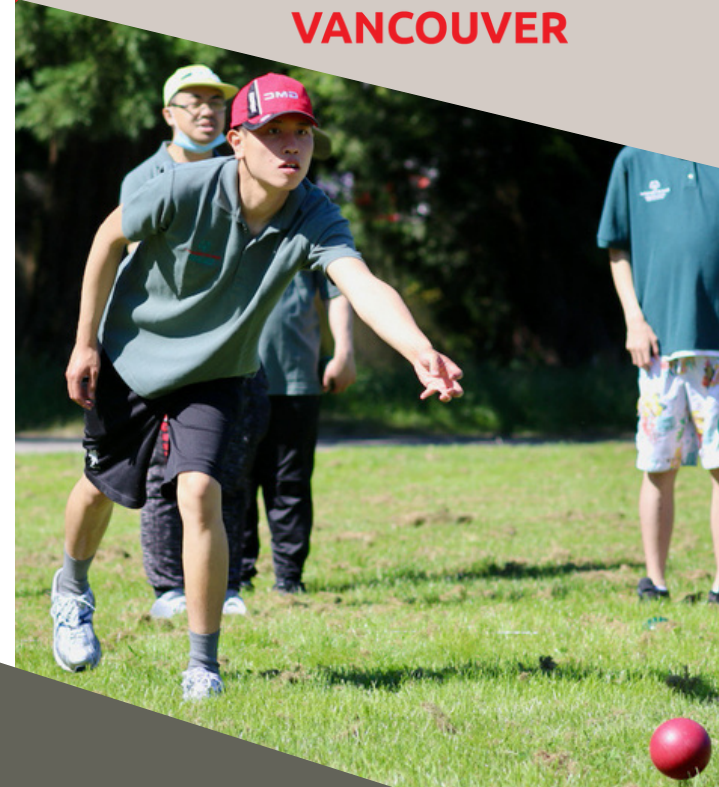
Info line: 604-519-4555

# 2023 - 2024 PROGRAM BROCHURE

*Special  
Olympics*  
British Columbia



**VANCOUVER**



# Fall & Winter Programs

## 5-pin Bowling (September 18 - March 25)

Monday | 4:30 pm – 6:30 pm | Grandview Lanes

## Floor Hockey [C-Level] (October 2 - March 4)

Monday | 6 pm – 8 pm | McBride Elementary

## Alpine Skiing (TBD)\*

Monday | 6:30 pm – 8:30 pm | Cypress Mountain

## Sport Start Soccer [ages 12-18] (October 2 - March 4)

Monday | 7 pm – 8 pm | Sexsmith Elementary

## Rhythmic Gymnastics (September 26 - April 23)

Tuesday | 6:30 pm – 8 pm | Shaughnessy Heights Church

## Powerlifting (September 26 - April 23)\*

Tuesday | 8 pm – 9 pm | Groundwork Athletics

## Fitness (October 4 - March 6)

Wednesday | 5:30 pm – 6:30 pm | McBride Elementary

## Floor Hockey [Developmental] (October 4 - March 6)

Wednesday | 6:30 pm – 8:00 pm | McBride Elementary

## 10-pin Bowling (September 28- March 28)

Thursday | 4:30 pm – 7:00 pm | REVS Bowling

## Swimming (September 23 - March 16)

Saturday | 10 am – 11 am | Britannia Community Centre

## Weight Training (September 23 - March 16)

Saturday | 11:15am – 12:15 pm | Britannia Community Centre

## Curling (September 24 - March 3)

Sunday | 9:10am - 10:40am | Marpole Curling Club

## Cross Country Skiing & Snowshoeing (Dates TBC)

Sunday | 7:15am - 12:00pm | Cypress Mountain

# Fall & Winter Programs

## Figure Skating (September 24 - March 17)\*

Sunday | 6:30 pm – 8:30 pm | Grandview Skate Club

## Skate Skills (September 24 - March 17)\*

Sunday | 6:30 pm – 7:15 pm | Grandview Skate Club

## Speed Skating (September 10 - March 17)\*

Sunday | 7:05 pm – 7:50 pm | Velocity Speed Skating Club

## FUNDamentals and Active Start (October 1 - March 3)

Sunday | 9:30am – 10:30am | Mount Pleasant Community Centre

## Basketball (October 14 - March 16)

Saturday | 5 pm – 8 pm | Kitsilano Community Centre

- Staggered slots. Head Coach to provide further info.

## Additional Fees\*

- Speed Skating – Registered athletes will be reimbursed \$118.50, self-register via IceReg
- Alpine Skiing – \$125
- Skate Skills – \$60 (does not include \$58 Skate Canada fee)
- Figure Skating – \$70 (does not include \$58 Skate Canada Fee)
- Powerlifting – \$155 (includes \$105 in CPU and BCPA membership fees)
- 5 pin bowling - \$13 each week to be paid at Grandview Lanes Bowling Centre
- 10 pin bowling - \$9 each week to be paid at REVS
- Curling- \$68, self-register via Marpole Curling Club

*Fees are in addition to the \$25 registration fee.*

## Equipment

Some required equipment may not be provided by the program, such as swimsuits, correct footwear, skis, goggles, mouth guards, etc. If you have questions or concerns, please inquire during registration or contact the Program Coordinator [programs@sobcvancouver.org](mailto:programs@sobcvancouver.org).

# Registration

The registration process includes 2 forms:

- 1) Athlete Registration/Medical Form
- 2) Participation Waiver

You can download these forms from our website ([www.sobcvancouver.org/athletes](http://www.sobcvancouver.org/athletes)). Complete and mail with your registration fee of \$25 and applicable extra fees by cheque made out to SOBC Vancouver to the address below.

## SOBC Vancouver

C/O 252 16th Avenue East  
Vancouver, BC V5T 2T4

If you have inquiries or need further information regarding registration, please contact our Registration Coordinator, Julia Tkaczyk at [registration@sobcvancouver.org](mailto:registration@sobcvancouver.org)

## Important Notices

- Failure to produce the necessary forms or payment may result in delays in participating in tournaments or scheduled programs
- COVID-19 Protocols continue to be in place
- All athletes and coaches must follow strict health and safety protocols. These requirements are ever-changing, and based on the [SOBC Return to Sport Plan](#).
- Whilst not required, it is still recommended for all participants ages 5 and up to wear masks at SOBC events and programs when they are not playing their sports.
- Registering for a program does not guarantee a spot in the program. SOBC Vancouver must adhere to athlete-coach ratios and facility capacity maximums. If there is no facility, no head coach, or an inadequate number of coaches, the program will not run. There is also a possibility for programs to be paused or cancelled with minimal notice.