

## 2024 Winter Sport Schedule - Oceanside

SPORT	PRACTICE TIME	VENUE	HEAD COACH	DATES
AQUATICS	Mondays: 1:30pm - 2:30pm Fridays: 1:30pm - 2:30pm	Ravensong Aquatic Center (Qualicum Beach)	Judy Button	January 8th - March 15th, 2024 (Not February 19)
BASKETBALL	Wednesdays: 7:30pm - 8:30pm	Springwood Elementary Gym (Parksville)	Jayne Elford	January 10th - March 13, 2024
BOWLING	Saturdays: 9:45am - 11:30am	Sunset Lanes (Parksville)	Greg Dunn	January 6th - March 16th, 2024
CURLING	Thursdays: 3:40pm - 5:15pm	Parksville Curling Rink	Carol Ramey Michelle Graham	January 11th - March 7th, 2024
CLUB FIT	Wednesdays: 6:15pm - 7:15pm	Springwood Elementary Gym (Parksville)	Jacquie Cameron	January 17th - March 13th, 2024
CLUB FIT (NUTRITION)	Tuesdays 4:00pm - 5:00pm	On-line	Sherrin Upgaard	January 9th - February 13th, 2024

Revised August 31st, 2023

Please visit our Website at: [www.sobcoceanside.ca](http://www.sobcoceanside.ca)

### Local Committee Contacts

If you have any questions, please contact a member of the Local Committee – we are happy to help!

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