



2022/23 SPORTS SEASON

FALL/WINTER SPORTS	STARTING DATES FOR ATHLETES	TIME	LOCATION
10 Pin Bowling	Saturdays September 17 th – December 17 th	11:30am (3 games)	Rev's Bowling Centre 5502 Lougheed Highway, Burnaby
Active Start (ages 2-6) & FUNDamentals (ages 7-11)	TBD ... specific details will follow via e-mail to those who register.	TBD	TBD
Aquatics (Swimming)	Saturdays September 17 th – December 17 th	7:00am – 8:00am	Harry Jerome Lonsdale & 23 rd , North Vancouver
Aquatics (Swimming) Sport Start (ages 12-21)	Saturdays September 17 th – December 17 th	8:00am – 9:00am	Harry Jerome Lonsdale & 23 rd , North Vancouver
Basketball B	Sundays September 18 th – December 18 th	6:45pm – 8:45pm	Mickey McDougall 240 23 rd Street East, North Vancouver
Basketball C	Sundays September 18 th – December 18 th	4:30pm – 6:30pm	Mickey McDougall 240 23 rd Street East, North Vancouver
Basketball Sport Start (ages 12-21)	TBD... specific details will follow via e-mail to those who register.	TBD	TBD
Club Fit	Tuesdays September 20 th – December 13 th	5:30pm – 6:30pm	Mickey McDougall (Gym B) 240 23 rd Street East, North Vancouver
Floor Hockey B	Mondays September 19 th – December 12 th	7:15pm – 8:45pm	Memorial Gymnasium SW corner 23 rd / St. Georges, North Vancouver
Floor Hockey C	Wednesdays September 21 st – December 14 th	7:30pm – 8:30pm	Memorial Gymnasium SW corner 23 rd / St. Georges, North Vancouver
Rhythmic Gymnastics	Thursdays September 22 nd – December 15 th	6:00pm – 7:30pm	John Braithwaite Community Center 145 West 1 st Street, North Vancouver

*Although the programs listed above indicate an end date in December, these programs will be continuing in the next year until March 2023. Times and venues will be confirmed in December 2022.

WINTER SPORTS will begin in early January and run until the end of February. Times and venues will be confirmed in December 2022. The programs offered are:

SUNDAYS	Cross Country Skiing	8:30 – 11:30am
SUNDAYS	Snowshoeing	8:30 – 11:30am
MONDAYS	Alpine Skiing	6:00 – 9:00pm

SPRING SPORTS will start early April and run until the end of June. Times/venues will be confirmed in March 2023. The programs offered are:

MONDAYS	Soccer	6:00 – 7:30pm
MONDAYS	Soccer Sport Start (ages 12-21)	6:00 – 7:30pm
MONDAYS	Golf	6:30 – 8:00pm
TUESDAYS	Athletics (Track & Field)	6:30 – 8:00pm
WEDNESDAYS	Bocce	6:30 – 8:00pm
THURSDAYS	Softball	6:30 – 8:00pm

PROGRAM FEES are as follow:

10 Pin Bowling	\$140**
Active Start (ages 2-6)	\$20
Alpine Skiing	TBD
Aquatics (Swimming)	\$35
Aquatics (Swimming) Sport Start (ages 12-21)	Per term \$20
Athletics (Track & Field)	\$20
Basketball	\$50
Basketball Sport Start (ages 12-21)	Per term \$20
Bocce	\$20
Club Fit	\$20
Cross Country Skiing	\$20*

Floor Hockey	\$35
FUNDamentals (ages 7-11)	\$20
Golf	\$35
Rhythmic Gymnastics	\$35
Snowshoeing	\$20*
Softball	\$20
Soccer	\$20
Soccer Sport Start (ages 12-21)	\$20

*plus \$50 for the shuttle bus if required

**10 Pin ... \$20 per month for 7 months. If paying monthly, please provide 7 post-dated cheques in the amount of \$20 per cheque dated the 1st of each month from September 2022 to March 2023.