

This Special Olympics Saskatchewan Unified Sports Invitational package includes:

- 3 posters
- 1 information page
- 3 sports information pages
- 1 registration information page

Best of luck with all of your challenges!

"Without the rain.

there would be no rainbow."



Sincerely,

Chris Hamilton

Special Olympics Saskatchewan Youth Coordinator

www.specialolympics.ca/saskatchewan

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You are included! The world is invited!

Special Olympics Saskatchewan Unified Sports Invitational proudly provides sport training and competition opportunities to athletes with and without intellectual disabilities. This initiative strives to offer athletes of all ages and abilities in any community, town, city, province, state or country a fun and inclusive sport environment regardless of their level of skill or experience. Any age. Any grade. All abilities. All the world! Beginning with Bocce in September and October.

Be engaged! Be competitive! Be included!

Bocce

BAGGO

Basketball







www.specialolympics.ca/saskatchewan

Chris Hamilton, Special Olympics Saskatchewan Youth Coordinator





Bocce



BAGGO





Basketball





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www.specialolympics.ca/saskatchewan

Chris Hamilton, Special Olympics Saskatchewan Youth Coordinator





This Unified Sports challenge is open to all ages, all grades, all schools, all provinces, all states and all countries!

Be active – Unified! Be included – virtually!



Basketball





Bocce

Special Olympics Saskatchewan welcomes you!



Regina, Saskatchewan, Canada

www.specialolympics.ca/saskatchewan

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Information

- All participants must register their team information and results with Special Olympics Saskatchewan at these times:
 - Bocce October
 - o BAGGO January
 - Basketball March
 - World competition May







- All ties are determined by which team achieved their score in the shortest amount of time.
- All teams videotape their performance (sent in upon request)
- The top 3 Saskatchewan teams in each division for each sport will be asked to send in their video verification, will receive medals, and will receive an invitation to compete again against the world during the week of May 24th – 31st.
- The top 3 teams in other provinces, states and countries will receive an invitation to compete again during the week of May 24th to 31st.
- In June, the top 3 teams within each division for each sport will receive Special Olympics Saskatchewan Unified Sports Invitational medals: Gold, Silver, or Bronze.

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Unified Bocce - October

The Special Olympics athlete and the Partner athlete alternately throw 8 Bocce balls (indoor or outdoor) nearest a pallina. After all the balls are delivered, each ball within a metre of the pallina scores 3 points. Each ball outside a metre scores 1 point. Each ball touching the pallina scores 5 points. Train in September. Compete in October.

The end must be videotaped without an edit. If Covid 19 social distancing makes it impossible to participate together, each team member may videotape their participation separately. Each participating team enters their score on the website during the month of October. If their score is one of the top three in the province, Special Olympics Saskatchewan will ask for the video verification. Participants outside Saskatchewan will be competing against others from their province, state, or country. In November, the top 3 teams in Saskatchewan within each division will receive medals and an invitation to the Special Olympics Saskatchewan Unified Sports Invitational, May $24^{th} - 31^{st}$, 2021. The top 3 teams in other provinces, states, or countries will receive invitations to participate in May.



The divisions are:
Primary: Grades 1-5 (6 m distance)
Middle years: Grades 6-8 (8 m distance)
High School: Grades 9-12 (10 m distance)
University/Community: Adult (10 m distance)







Unified BAGGO - January

Baggo is bean bag toss or cornhole. The Special Olympics athlete and the Partner athlete alternately throw 8 bean bags at a BAGGO board. After all the bags are delivered, each bag in the hole counts 3 points and each bag on the board counts 1 point.

The end must be videotaped without an edit. If Covid 19 social distancing makes it impossible to participate together, each team member may videotape their participation separately. Each participating team enters their score on the website during the month of January. If their score is one of the top three in the province, Special Olympics Saskatchewan will ask for the video verification. Participants outside Saskatchewan will be competing against others from their province, state, or country. In February, the top 3 teams in Saskatchewan within each division will receive medals and an invitation to the Special Olympics Saskatchewan Unified Sports Invitational, May $24^{th} - 31^{st}$, 2021. The top 3 teams in other provinces, states, or countries will receive invitations to participate in May.



The divisions are:

Primary: Grades 1-5 (3 m distance)
Middle years: Grades 6-8 (4 m distance)
High School: Grades 9-12 (5 m distance)
University/Community: Adult (5 m distance)







Unified Basketball - March

The Special Olympics athlete and the Partner athlete alternately throw 8 times at a basketball net. The location of each shot is decided by the Unified team. The point locations are:

- 1. Anywhere in the key (around the basket) 1 point
- 2. From the free throw line (distances vary) 2 points
- 3. From the 3 point line (distances vary) -3 points

All the shots must be videotaped without an edit. If Covid 19 social distancing makes it impossible to participate together, each team member may videotape their participation separately. Each participating team enters their score on the website during the month of March. If their score is one of the top three in the province, Special Olympics Saskatchewan will ask for the video verification. Participants outside Saskatchewan will be competing against others from their province, state, or country. In April, the top 3 teams in Saskatchewan within each division will receive medals and an invitation to the Special Olympics Saskatchewan Unified Sports Invitational, May 24th – 31st, 2021. The top 3 teams in other provinces, states, or countries will receive invitations to participate in May.



The divisions are:

Primary: Grades 1-5 (2 m & 4 m distances)
Middle years: Grades 6-8 (3 m & 5 m distances)
High School: Grades 9-12 (4 m & 6 m distances)
University/Community: Adult (4 m & 6 m distances)





Registrations

Registration requirements are as follows:

- 1. Each Unified team must have only 1 Special Olympics athlete (with an intellectual disability) and 1 Partner athlete (without an intellectual disability).
- 2. Each Unified team must have a coach/adult supervisor.
- 3. Each Unified team must register their information and results with Special Olympics Saskatchewan (see website).
- 4. Registrations can be accepted at any time during the month of competition: Bocce October, BAGGO January, and Basketball March.
- 5. Play any or all sports. Play with different partners.
- 6. There is no cost.
- 7. All participants register on the website and have a video verification of their score ready to send if requested. If the team is one of the top 3, Special Olympics Saskatchewan will request video verification to be sent in.

Next Steps

- Get a team together choose to include!
- Train and compete
- Register your Unified team and results

