

2025 KELOWNA OPEN SNOWSHOE COMPETITION

DATE: SUNDAY JANUARY 26, 2025

LOCATION: TELEMAR NORDIC
GLENROSA RD
West Kelowna, BC

TIME: 9 am – Registration
9:05 am – Warm up
9:15 am – Coaches meeting
9:30 am – Competition Start
12:00 pm to 12:30 pm – Lunch Break
12:30 to 4:00pm – Competition

*Please note: Schedule may change due to number of athletes attending and races/heats offered.

SANCTIONING: The competition will be sanctioned by Special Olympics BC and follow Sport Specific Rules as posted on the SOBC web site.

EVENTS: 100M, 200M, 400M, 800M, 1600M and 5Km

REGISTRATION: \$ 15 /athlete
Cheques are to be made out to: SOBC – Kelowna
Mailing address:
PO Box 23045 Plaza 33 RPO
Kelowna, BC, V1X 7K7

*Please note that fees are due and payable for all participants that register. If participants are unable to attend after registering fees are still due and payable.

TRANSPORTATION: Travel to and from the venue will be the responsibility of the attending local.

ACCOMODATION: If you require accommodations, you will be required to secure on your own. However, if you would like suggestions contact the Competition Coordinator.

MEALS: Meals will not be provided at the meet. Please bring your own snacks, and a bag lunch.

Water – all participants are asked to bring their own water bottles.
Bottled Water will not be provided.

MEDICAL: Teams must always have a complete set of medical forms with them, for athletes and coaches and provide to medical staff as needed.
St. Johns Ambulance will be on site for the duration of the event.

COACH SIGN IN: All coaches will be required to sign in at the competition, bring their NCCP#, and attend the complete competition.

The athlete to coach ratio for this competition is 4-1.

OFFICIATING: Time keepers will be volunteers.

DINNER AND DANCE: There will be a dinner and dance on Saturday January 25, 2025. Please ensure that teams wishing to attend the dinner and dance, register for it, and arrive in Kelowna early enough to attend. The dinner will be at an additional cost, which we are currently working out with the Kelowna Curling Club.

KELOWNA CUP: **As this year we are doing a combination Curling/Snowshoeing Event, there is a little twist. Points will be awarded for each ribbon an athlete receives (3 points for first, two points for second, and one point for third) in both the Snowshoe and Curling Events. At the end of the Snowshoe Competition on Sunday, the Local with the most points will take home the Prestigious Kelowna Cup for the year.**

REGISTRATION DEADLINE: January 5, 2025

Please complete the registration form typed, in full and submit by the deadline. Late registration will not be able to be accommodated.

All competition entry fees must be received by the day of competition.

Contact for information;

Kelowna Local Coordinator
Leo Rutledge
kelowna@specialolympics.bc.ca
250-991-9759

Please direct registration to: Leo @ kelowna@specialolympics.bc.ca