Oceanside



Special Olympics British Columbia

SOBC – Oceanside Highlights 2019-2020

In spite of our truncated year, Special Olympics BC – Oceanside does have some highlights to share for 2019-2020 that align well with our focus areas for this year. In chronological order they are:

- A very successful Charity Golf Tournament in September 2019
- Local functional testing program in October
- Start of basketball program in January
- Support local parade in May
- Torch Run participation in June

Annual Charity Golf Tournament – Highlighting Athletes and Programs

Our annual SOBC – Oceanside Charity Golf Tournament, held September 14, 2019, was an overwhelming success. Not only did we have record attendance and exceed our fundraising goal, but we were able to highlight our athletes and programs during the day. Our athlete booth, featuring sport program photo boards and our Health Heroes Healthy Hydration station, was a popular stop during registration, giving golfers the opportunity to connect with our athletes and learn more about SOBC – Oceanside programs and focuses. For the first time, three of our athletes golfed in the event wearing their golf uniforms and attending the dinner in the evening. A highlight for participants was the presentation by one of our athlete speakers.



Local Functional Testing Event



In October, SOBC – Oceanside, under the direction of our Club Fit Head Coach Jacquie Cameron, hosted a local <u>functional testing</u> evening with 21 athletes and 14 volunteers in attendance. Baseline information collected formed the basis of planning for Club Fit sessions for the year. What a great evening! The positive energy and high intensity in the room was inspiring. Go Team Oceanside!

Basketball Comes to Oceanside

SOBC – Oceanside was excited to have its inaugural basketball season this past fall/winter. Thanks to the SOBC school sport basketball program, this season saw a number of new athletes, volunteers, and coaches join our Local in order to establish the basketball program. The coaches were supported by volunteers from the local high school women's basketball team as well as the Oceanside Generals Junior hockey team. The basketball



players were excited to begin a new program and successfully developed and improved a number of individual and team skills each week. Athletes, coaches, and volunteers were excitedly preparing for regional qualifying when the program, like others, was derailed by COVID-19.

Support Local Parade



SOBC – Oceanside joined the physically distanced parade in Parksville on May 28 as businesses began to open again in the area. The parade through town was to encourage residents to support local businesses to get back on their feet. It was fun and heartwarming to hear the parade watchers with their noisemakers cheering and shouting "Yay, Special Olympics!"

Virtual BC LETR Torch Run – A First for Oceanside



As with so many things this spring, the Law Enforcement Torch Run for Special Olympics BC went virtual this year. This is the first time ever that Oceanside has participated. We were thrilled to have nine athletes and one coach register, and so proud of how hard they worked to run and walk as far as they could during the week. We're excited to report that these athletes demonstrated a great commitment to fitness by completing over 250 km as a group while raising almost \$7,000. Way to go Oceanside!!!