

# RETURN TO SPORT: KEY INFO FOR ATHLETES

## Webpage: specialolympics.ca/saskatchewan/return\_to\_sport

### Is my sport starting?

All sports are being reviewed to ensure they can be played safely in your community. The next step is our community leaders will evaluate and decide on the best timeline for a return to sport programs for each community. There will be some communities and programs that will be able to return as soon as within a month or two while others may wait until the fall of 2021.

### When can I register?

You will hear from your coach or community volunteers when registration is happening near you.

#### How will we stay safe?

There will be new rules to follow in your program. Your practice will also look different because we will need to keep space between one another and keep things very clean. Come to practice ready to listen to your coach and follow the new rules. But don't worry, having fun is still an important rule!

### Who can help me if I have more questions?

Your coach and Special Olympics volunteers in your community will as always be a resource for you. It will be important to communicate with your coach if you have any questions about your sport.