

## 2025 Kelowna Open Swim Meet

**DATE:** Saturday March 29, 2025

**LOCATION:** H2O FITNESS  
4075 GORDON DRIVE  
Kelowna, BC

**TIME:** 9:00 am – Registration  
9:05 – Warm up  
9:15 am – Coaches meeting  
9:30 am – Meet Starts  
12:00 pm – Lunch Break  
12:45 pm to 3 pm – Meet continues

\*Please note: Schedule may change due to number of athletes attending and races/heats offered.

**SANCTIONING:** The competition will be sanctioned by Special Olympics BC and follow Sport Specific Rules as posted on the SOBC web site.

**EVENTS:** Freestyle 25M, 50M, 100M, 200M, 400M, 800M and 1500M  
Backstroke 25M, 50M, 100M, 200M  
Breaststroke 25M, 50M, 100m, 200M  
Butterfly 25M, 50M, 100M  
IM 100M, 200M

**REGISTRATION:** \$ 30 /athlete  
\$10/ coach  
Cheques are to be made out to: SOBC – Kelowna  
Mailing address:  
PO Box 23045 Plaza 33 RPO  
Kelowna, BC, V1X 7K7

\*Please note that fees are due and payable for all participants that register. If participants are unable to attend after registering fees are still due and payable.

**TRANSPORTATION:** Travel to and from the venue will be the responsibility of the attending local.

**ACCOMODATION:** If you require accommodations, you will be required to secure on your own. However, if you would like suggestions contact the Competition Coordinator.

**MEALS:** Meals will not be provided at the meet. Please bring your own snacks, and a bag lunch.

Water – all participants are asked to bring their own water bottles.  
Bottled Water will not be provided. Filling stations are available at H2O.

**MEDICAL:** Teams must always have a complete set of medical forms with them, for athletes and coaches and provide to medical staff as needed.

**COACH SIGN IN:** All coaches will be required to sign in at the competition, bring their NCCP#, and attend the complete competition.

To coach at a Local Competition, all coaches must have completed training in NCCPSO, MED, and Safe Sport prior to the competition.

The athlete to coach ratio for this competition is 4-1.

**OFFICIATING:** There will be Swim Canada endorsed Head Officials for each event. Time keepers will be volunteers.

**REGISTRATION DEADLINE:** March 9, 2025

Please complete the registration form typed, in full and submit by the deadline. Late registration will not be able to be accommodated.

All competition entry fees must be received by the day of competition.

Contact for information;

Head Swim Coach  
Jessica Courtney  
jessicacourtney13@gmail.com

Kelowna Local Coordinator  
Leo Rutledge  
[kelowna@specialolympics.bc.ca](mailto:kelowna@specialolympics.bc.ca)  
250-991-9759

Please direct registration to: Ailey Jarvis at [competition@specialolympics.bc.ca](mailto:competition@specialolympics.bc.ca)