

## 2015 SOBC WINTER GAMES - CROSS-COUNTRY SKIING

Name	SOBC Local	Delegation	Time	Place
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### 100M RACE

#### DIVISION F1

Nancy Wilson	North Shore	Region 5	01:00.21	1st
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#### DIVISION M1

Cory Melnychuk	Quesnel	Region 8	00:37.57	1st
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### 500M RACE

#### DIVISION F1

Shelly Poland	Golden	Region 1	02:54.33	1st
Chantal Chan	Prince George	Region 8	03:11.90	2nd
Laura Gerhardt	Kelowna	Region 2	03:18.90	3rd
Katarina Gerhardt	Kelowna	Region 2	03:31.07	4th
Nancy Wilson	North Shore	Region 5	04:07.93	5th

#### DIVISION M1

Dennis Lynch	Nanaimo	Region 6	02:00.83	1st
Ryan Creelman	Vernon	Region 2	02:20.69	2nd
Casey Westerman	Prince George	Region 8	02:37.50	3rd
Cory Melnychuk	Quesnel	Region 8	02:43.64	4th
Ernest Chua		Yukon	03:42.10	5th

### 1KM RACE

#### DIVISION F1

Katarina Gerhardt	Kelowna	Region 2	08:22.63	1st
Rita Cavenaile	Prince George	Region 8	08:35.73	2nd
Nancy Wilson	North Shore	Region 5	17:16.74	3rd

#### DIVISION F2

Tracy Melesko	Kelowna	Region 2	05:12.12	1st
Barb Conway	Prince George	Region 8	07:56.12	2nd
Chantal Chan	Prince George	Region 8	08:00.25	3rd
Shelly Poland	Golden	Region 1	08:05.16	4th
Laura Gerhardt	Kelowna	Region 2	10:40.63	5th

#### DIVISION M1

Casey Westerman	Prince George	Region 8	07:48.72	1st
Kelly Hein	Prince George	Region 8	08:25.69	2nd

#### DIVISION M2

Francis Stanley	Kelowna	Region 2	03:41.39	1st
Josh Pudney	Prince George	Region 8	05:32.48	2nd
Kirk Gawryluk	Kelowna	Region 2	05:55.32	3rd
Dennis Lynch	Nanaimo	Region 6	06:32.45	4th

Ernest Chua Yukon 09:33.19 5th

### 2.5KM RACE

#### DIVISION F1

Tracy Melesko	Kelowna	Region 2	14:36.05 1st
Chantal Chan	Prince George	Region 8	21:50.32 2nd
Barb Conway	Prince George	Region 8	22:32.68 3rd
Rita Cavenaile	Prince George	Region 8	23:51.97 4th
Katarina Gerhardt	Kelowna	Region 2	24:12.22 5th
Laura Gerhardt	Kelowna	Region 2	27:13.53 6th

#### DIVISION M1

Brian Whitfield	Prince George	Region 8	20:24.45 1st
Casey Westerman	Prince George	Region 8	22:13.29 2nd
Ryan Creelman	Vernon	Region 2	23:39.07 3rd
Kelly Hein	Prince George	Region 8	25:06.56 4th

#### DIVISION M2

Danny LaFreniere	Prince George	Region 8	14:32.88 1st
Josh Pudney	Prince George	Region 8	15:57.92 2nd
Kirk Gawryluk	Kelowna	Region 2	17:28.20 3rd
Justin Sigal	Vernon	Region 2	17:34.43 4th
Dennis Lynch	Nanaimo	Region 6	18:20.03 5th

#### DIVISION M3

Francis Stanley	Kelowna	Region 2	10:18.66 1st
Neil Melesko	Kelowna	Region 2	13:05.89 2nd
Sean Beddows	Surrey	Region 3	13:15.35 3rd

### 5KM RACE

#### DIVISION F1

Tracy Melesko	Kelowna	Region 2	26:15.97 1st
Rita Cavenaile	Prince George	Region 8	43:02.34 2nd
Barb Conway	Prince George	Region 8	43:34.62 3rd

#### DIVISION M1

Josh Pudney	Prince George	Region 8	27:32.21 1st
Danny LaFreniere	Prince George	Region 8	29:02.71 2nd
Justin Sigal	Vernon	Region 2	29:55.91 3rd
Kirk Gawryluk	Kelowna	Region 2	31:12.93 4th
Brian Whitfield	Prince George	Region 8	48:36.85 5th
Kelly Hein	Prince George	Region 8	52:01.92 6th

#### DIVISION M2

Darby McIntyre		Yukon	16:15.79 1st
Francis Stanley	Kelowna	Region 2	19:40.04 2nd

Sean Beddows	Surrey	Region 3	23:28.58 3rd
Neil Melesko	Kelowna	Region 2	24:21.34 4th
Owen Munroe		Yukon	25:11.66 5th

### 7.5K RACE

#### DIVISION M1

Darby McIntyre		Yukon	30:58.14 1st
Sean Beddows	Surrey	Region 3	35:58.22 2nd
Neil Melesko	Kelowna	Region 2	40:29.30 3rd
Owen Munroe		Yukon	40:46.70 4th
Danny LaFreniere	Prince George	Region 8	47:35.76 5th
Brian Whitfield	Prince George	Region 8	58:40.46 6th