2025 / 2026 Sport Schedule

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| SPORT | PRACTICE TIME | VENUE | DATES |
| Alpine | Sundays11am-3pm | White Water Mountain | December 2025- March 2026 |
| Floor ball | Thursdays5:30pm-6:30pm | South Nelson School | November 2025-March 2026 |
| Bowling  | Fridays2:30pm-4:30pm | Castle BowlCastlegar BC | September 19, 2025-March 2026 |
| Swimming | Wednesdays6:00pm-7:00pm | Nelson Aquatics | September 2025-June 2026 |

*Contact: Holly Stortini – Local Coordinator*

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