

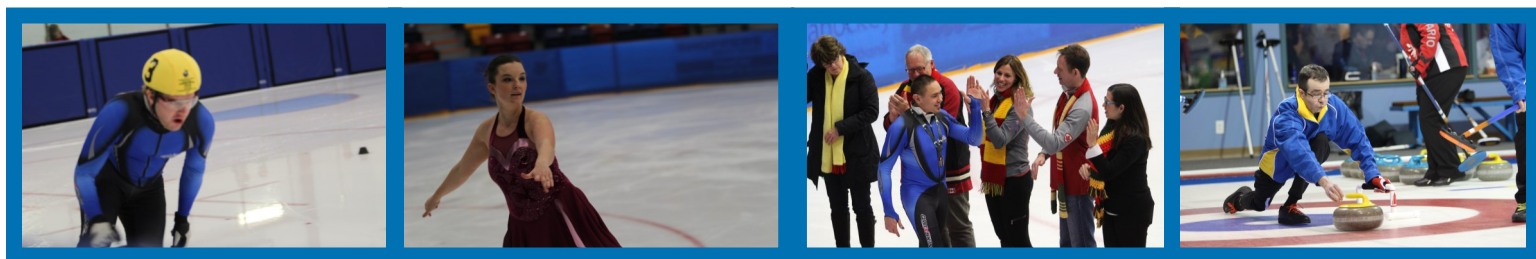


WINTER GAMES DAY 3

MARCH 3

"What a day! Day 3 started off a little damp with the cancellation of outdoor events due to rain, but the competition heated up inside. Medal events for speed skating and figure skating will be hauling a lot of hardware back to Alberta while the first post-divisioning rounds of competition continued for curling and floor hockey. Alpine skiing will get back on Marble Mountain while cross country skiing and snowshoeing will go back to Blow Me Down Trails tomorrow. Be sure to stay warm, bundle up and get out there to cheer for our awesome athletes!" - Jill Mattson, Team Alberta Chef de Mission

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ALPINE

Team Alberta alpine skiers were rained out of Marble Mountain today and instead had a change of pace from racing down slopes, to racing to cheer on their fellow Team Alberta members compete. The team took in a day touring the venues and competitions in Corner Brook and spent some time with family. After a day of rest, the team is eager to

CROSS COUNTRY

Also rained out of Blow Me Down Trails, the day became an awesome opportunity to watch other sports. The roaming band of cross country skiers were spotted through out the civic centre, curling club and Corner Brook High School cheering on their teammates.



NICK ROLFE

*FLOOR HOCKEY
 IS A CHALLENGE
 I WANT TO
 CONQUER*



CURLING

These season athletes played smart and placed their rocks skillfully. The first day of group play had a mixed bag of performance for the team. Outstanding shots were made (particularly a couple of draws by Neil) and challenges were overcome.

"With a tie and loss under our belts, we look forward to displaying more consistency with our achievable high level of play," said head coach, Dale Ellert.

Be sure you hurry hard to catch Team Alberta's curling games tomorrow at 8 a.m. and 1:30 p.m. tomorrow!

FIGURE SKATING



Grace, beauty and rhythmic timing was the name of the game for figure skating as Ben Maesele, Kristina Hansen and Kennedy Zaytsoff competed in solo dance today. All the performers completed

their sets beautifully with Ben walking away with their first gold medal, Kristina getting fourth and Kennedy taking gold. The skaters not only received the accolades of their hard work, they were awarded by Special Olympics Canada founder, Dr. Frank Hayden who surprised the athletes with his visit to National Winter Games.

SNOWSHOEING

Despite cancelled competitions, Team Alberta's snowshoers took advantage of their accommodation's fitness room to keep up their cardio training paired with strength conditioning in the morning. After a morning of workouts, the team was rewarded with a tour of Corner Brook then headed to the action of Civic Centre to cheer proudly for speed skating and figure skating.

FLOOR HOCKEY

It was the battle of Alberta this morning with Team Alberta Cougars facing off against Team Alberta Roughnecks. The action, excitement and comradery was shared for both teams with the Roughnecks walking away with the win and the Cougars proud of the hard fought battle. With the Cougars pumped over their proud efforts, they performed fantastic in another great game which ended in a nail-biting tie.

"There was gutsy performances," said head coach, Nick Insole.

The Roughnecks had a last game just before dinner against Team Newfoundland. Even though Team Nfld had the home court advantage and fans, there was a healthy Team Alberta fan club that chanted ALBERTA and banging noise makers. The Roughnecks fought hard and played a hard defence, but Team Newfoundland took the win.

SPEED SKATING

Team Alberta speed skaters skated away with a strong finish on their last day of competition. The team walks away with 4 gold, 10 silver, and 3 bronze and multiple personal bests for each member. Katie Saunders who is familiar with dominating the ice consistently at provincial games welcomed the great competition from N.W.T and Ontario and ecstatically hugged Cynthia from N.W.T after each race. In men's races, an amazing 777 m race with two Team Alberta members, Nick Dagenais and Evan James ended up in the same division and swept the race with Nick taking gold and Evan taking Silver. Even with all the exciting action, the last 4 x 888m relay race was able to top the day with the unbelievable sportsmanship of a full arena rink chanting and cheering on Kirk Beaubien's relay partner, Abbey Stapleton from Nova Scotia. As the last skater coming into the finish line she pushed through and received a champion's finish of screaming fans.

THANK YOU BUILDING TRADES OF ALBERTA

YOUR DRAFT AN ATHLETE SPONSORSHIP HELPED TEAM ALBERTA FLOOR HOCKEY